



Desk Express

Stockdale ISD Adult Lunch Menu

All meals are \$3.75

Fresh Daily Sides

LUNCH DUO

Choose any 2 items ~ and Whole Fresh Fruit

- ½ Sandwich, Wrap or Pita
- Garden Salad

Daily Hot Meals

Please see online menu for options

Email your Desk Express order to

Melissa.Haecker@stockdaleisd.org by 2:00 pm

the day before.

Salad Creations

Salads served with Breadstick

Dressings: FF Ranch, Lite Italian

Chicken BLT Salad

Fresh Salad Greens, Chicken Breast, Turkey Bacon, Diced Tomatoes, Cheddar Cheese.

539 Calories 26.14g Fat
35.27g Carbs 3.28g Fiber

Chicken Caesar Salad

Fresh Crisp Romaine Lettuce, Grilled chicken breast, parmesan cheese, Croutons and FF Caesar Dressing

467 Calories 17.80 g Fat
52.87g Cho 7.67g Fiber

Chef Salad

Fresh Salad Greens, Oven Roasted Turkey Breast, Turkey Ham, Cheddar Cheese, Tomato, Cucumber

467 Calories 17.80 g Fat
52.87g Cho 7.67g Fibe

Cool Wraps & Pitas

Wraps & Pitas are served with Chips and Whole Fresh Fruit

Turkey Club Wrap

Sliced Turkey Breast, Turkey Bacon, Shredded Lettuce, Diced Tomatoes, Cheddar Cheese, FF Ranch Dressing

425 Calories 13.15g Fat
51.12g Cho 5.79g Fiber

Chicken Fajita Pita

Chicken Fajita Meat, Fresh Salad Greens, Sliced Tomatoes, Shredded Lite Cheese

408 Calories 13.21g Fat
51.19g Cho 8.38g Fiber

Sandwich Savvy

Create Your Own

Sandwiches are served with Chips and Whole Fresh Fruit

Includes Mustard & Mayo PC

Bread Choice: Sliced Wheat or Sub Roll

Meat Choice: Turkey, Turkey Ham, Chicken Salad or Tuna Salad

Cheese Choice: Swiss, White or Yellow American

Lettuce, Tomato, Sliced Red Onions, Banana Peppers, Pickles