



Due to Lions 3/1/17

DISTRICT 2-A2 YOUTH CONTEST
"DIABETIC AWARENESS ESSAY"

Senior
Writing



"Using Knowledge of Nutrition and Digestion to Manage Prediabetes and Diabetes"

CONTEST RULES

1. Essay Subject

- a. **Essay Subject:** *"Using Knowledge of Nutrition and Digestion to Manage Prediabetes and Diabetes"* What specializing knowledge should ALL people acquire and nutrition and the process of digestion in order to assist themselves or others who are diagnosed with prediabetes or diabetes (Type 1 and Type 2) to manage their conditions more effectively... and in what ways can young people today lead the way to make this need for this specialized knowledge a priority in our society.

2. Contest Rules

- a. The title of the Contestant's essay is not required to be the same as the Subject for the essay. Contestants should be creative in the selection of an essay title and set the tone for their presentation with the title they choose.
- b. The essay should analyze the problem given in the subject and present a solution or solutions to the problem.
- c. The topic is broad and allows the contestant considerable leeway in the selection of their solution or solutions.
- d. Creative, innovative, practical, and reasonable ideas are welcomed.
- e. Each Contestant shall personally research, write and read his/her contest essay.
- f. Research for this topic can be conducted by interviewing physicians, nurses, medical professionals, community and organization workers, etc., and by using the internet and library.
The essay shall be a written article, to be read by the Contestant, to be judged by a panel of judges in competition with other Contestants.
- g. The essay shall not exceed 1500 words.
- i. All words in the essay are counted including articles, conjunctives and pronouns.
Example: "I," "a," "the," "and," and "an."
- ii. The essay must include a bibliography of alphabetized sources used in its composition.
Note: the bibliography is not included in the 1500 word count.
- iii. Essay should be typed in double space format.
- h. The following criteria shall be used for judging the essays:
- i. Sixty percent (60%) of the score shall be based on the authenticity, current information and an application of the assigned essay topic.
- ii. Twenty-five percent (25%) of the score shall be based on the understandability of the essay through personal presentation techniques, in the use of posture, eye contact and voice by its modulation, volume, speed and clarity.

- iii. Fifteen percent (15%) of the score shall be based on grammar, spelling, sentence structure, pronunciation, enunciation, correct word usage, and relationship to the assigned essay topic.
- i. Video equipment may not be used in contests.
- j. Two or more of the judges should be knowledgeable about the medical aspects of diabetes.
- k. One or more judges should be knowledgeable about the English language, its grammar, sentence structure, pronunciation and correct usage.
- l. Order of the appearance before the judging panel will be determined in advance at the direction of the District Youth Chair.
- m. Contestants shall remain outside the contest area until invited to enter by the Contest Official.
- n. The audience will be informed before the first contestant not to applaud at the end of the speech and reminded before each contestant delivers his/her speech of the same requirement.
- o. The audience will be asked to turn off any cell phones and/or electronic devices during the contest time.
 - i. Failure to comply with this rule could result in disqualification of a Contestant at the discretion of the Contest Official.
- p. Contestants will not give any self-introduction but shall state the title of their essay and then deliver the essay.
- q. Following the Contestant's essay he/she will take a seat in the area assigned for the Contestants and remain in the contest area until the final essay is presented and introductions have been completed.
 - i. The Contest Official may allow an exemption of this requirement for medical reasons/emergencies, restroom breaks or for other reasons deemed acceptable by the Contest Official.
 - ii. Request may be made between Contestant presentations only.
- r. No one will be allowed to either enter or leave the contest area during the presentation of a contestant's essay.
- s. The winners will be announced during the District Convention Youth Awards Banquet at the Texas Lions Camp in Kerrville, Texas.
- t. The 1st place winner will read his/her essay at that time.

3. Awards

- a. The 1st place winner will receive a \$1,000.00 scholarship.
- b. The 2nd place winner will receive a \$500.00 scholarship.
- c. To collect the scholarship award, the Contestant must complete the following process:
 - i. Contestant winner or runner-up must submit the Scholarship Request Form along with proof of enrollment from a university, college, junior college or vocational school. Send this information to the District 2-A2 Treasurer:

Lion Steve Mays
212 CR 347
La Vernia, Texas 78121

- d. The check will be mailed to the contestant to endorse and submit to the school.

- e. The scholarship awards must be collected no later than two years following the recipient's graduation from High School.
- f. A Sales Leader Award will be presented to the contestant who sells the greatest total value of ads.

4. Rules of Eligibility for Contestants

- a. Each contestant must be a junior, senior or comparable educational program, located in Texas at the time of the District 2-A2 contest.
- b. A Lions Club may sponsor no more than one Contestant in each contest by submitting a completed entry application (containing all requested signatures), associated documents to the District Chairperson prior to the entry deadline.
- c. A false statement on the entry application, or associated documents and late entry applications are causes for disqualification of the Contestant,
- d. Contestants shall not have been married, had a marriage annulled, cohabited with a person who is unrelated to the Contestant or who has participated in the conception of a child before participation in the District contest.

5. Responsibilities of Contestants

- a. The District 2-A2 Youth Contests are largely funded through the sale of ads in the Convention Souvenir Program. Although ad sales *will* be a requirement to be eligible to participate, ad sales will *not* be a determining factor in the final score *unless* there is a tie between the top two contestants. There will be a special recognition for the contestant who sells the most ads supporting their participation the contest.
- b. Each contestant will be required to sell a minimum of three (3) ads to local businesses in addition to sponsoring club and parent/relatives ads.
- c. Each Contestant shall be required to submit the following to their sponsoring Lions Club:
 - i. Ad Agreements, camera ready ad copies, and two (2) 4x6 or 5x7 color photographs (head and shoulders close-up) are to be emailed to Lion Abel Martinez at amartinez3127@gmail.com by MARCH 24, 2017. (Electronic submissions preferred in PDF format)
 - ii. Ad payments are to be mailed to Lion Abel Martinez, 412 S. San Manuel, San Antonio, Texas 78237 by MARCH 24, 2017. All checks made payable to Lions District 2-A2. Be sure to put the name of the contestant and the name of the contest on the memo line of each check to insure credit for the sale is assigned to the correct contest.
 - iii. The completed Diabetic Essay Contest Application and four (4) printed copies of the essay and two (2) 4x6 or 5x7 photos (head and shoulders close up) are to be mailed to the Contest Coordinator by MARCH 24, 2017.
- d. Attend the District Convention at the Texas Lions Camp in Kerrville, Texas on Friday, April 7, 2017. Contestants are to report to the Recreation Hall by 12:00 noon on April 7, 2017. They may then ask any questions they may still have about the contest. Judging will be conducted between 1:00 p.m. – 3:30 p.m.
- e. All contestants are expected to attend the District 2-A2 Convention - Youth Awards Banquet at the Texas Lions Camp on Friday, April 7, 2017 at 6:00 p.m.

6. Responsibilities of Sponsoring Lions Club

- a. The Sponsoring Lions Club must make sure the documents as listed above (see 5. c. iii) are completed, have all required signatures, and are sent to the District 2-A2 Diabetes Essay Coordinator, to be received no later than **MARCH 24, 2017**.
- b. The Sponsoring Club must collect the Ad Agreements, camera ready ads, ad payments and contestant photos from their contestant and submit them to Lion Abel Martinez (see 5.c.i & ii) before **MARCH 24, 2017. No Exceptions. (Electronic submissions preferred in PDF format)**
- c. The Sponsoring Lions Club is responsible for making sure their contestant arrives at the District Convention at the Texas Lions Camp in Kerrville, Texas on **Friday, April 7, 2017 by 12:00 p.m.**
- d. The Sponsoring Club must insure that all contestants are accompanied at the convention by a parent, guardian, or designated chaperone from their club.
- e. The Sponsoring Lions Club will be responsible for providing meals for their contestant and their parents/guardians and one night's lodging (if applicable) before or after the Youth Awards Banquet at the District Convention.

7. District Contest Coordinator Contact Information

Lion Janie Garza
P. O. Box 816
Sutherland Springs, Texas 78161
Cell: 210-643-3217
Email: jgarza070@gmail.com
Home Club: Stockdale Lions Club

8. District 2-A2 Convention Information

The District Convention will be held in Kerrville, Texas on April 7-8, 2017. All Youth Contests will be held on April 7, 2017 from 1:00 p.m. – 3:30 p.m. at the following location:

Texas Lions Camp,
4100 San Antonio Hwy
Kerrville, Texas 78028